

FAMILY LAW LITIGATION | WORKSHEET 1 OF 3

Family Court Route and Readiness Map

Connects each requested order to the right court, existing file, pre-court step and missing information.

BEST USED
WHEN

Use this before filing, responding to a new claim or deciding whether an interim application is needed.

ALBERTA LEGAL CHECKPOINT

In Calgary, many family-law applications are subject to pre-court requirements involving parenting education, disclosure, family court counselling or dispute resolution. The requirements and exclusions depend on the court, the relief requested, urgency and the existing proceeding. The Court of King's Bench Family Focused Protocol also changed the pathway for Alberta family and divorce matters in 2026.

Primary source: [Alberta: Court and Justice Services](#)

PREPARED FOR _____

DATE _____

1 Complete what you know

2 Mark gaps and assumptions

3 Attach supporting records

THE PRACTICE LENS

A family dispute may contain several problems but no single application that can fix them all. We separate the order needed now from the final outcome, identify the legislation and existing file, and test whether disclosure, dispute resolution or another pre-court step must happen first.

A CONCRETE EXAMPLE

A parent may need a defined school-week schedule now, updated child support after disclosure and a final property division later. The immediate parenting request, financial information process and property claim may have different records, timing and procedural paths.

Map the decisions

Use one row per issue and identify the source for every important number or date.

Decision/order needed	Why now	Existing file/order	Information missing
Parenting time or decisions			
Child support or expenses			
Spousal support			
Disclosure			
Property preservation/division			
Enforcement or variation			
Protection or urgent relief			

Readiness gates

Tick completed items. Circle anything that needs a document, follow-up or legal advice.

- ☐ Identify whether the issue arises under the Divorce Act, Family Law Act, Family Property Act or another law.
- ☐ Locate every current claim, response, agreement and court order.
- ☐ Confirm whether the matter belongs in the Court of Justice or Court of King's Bench.
- ☐ Check current Parenting After Separation, disclosure, counselling and dispute-resolution requirements.
- ☐ Identify any urgency, safety concern, exclusion or waiver that may change the ordinary path.
- ☐ Record the filing, service, response and hearing deadlines already running.

Define the useful next step

Use short factual notes. If an answer is uncertain, write what would confirm it.

1. What specific wording would make the requested order workable next week?
2. What harm occurs if the decision follows the ordinary timetable?
3. Can disclosure, a consent timetable or a focused negotiation solve the immediate problem?
4. Which issues can wait without prejudicing either party?
5. What will the case need immediately after this step?

BRING THIS TO YOUR CONSULTATION

You do not need every blank filled. Mark the three items that matter most, attach the records you relied on and use this handoff to identify the next decision.

STATUS	☐ Ready to discuss ☐ Missing records ☐ Deadline or urgent issue
NEXT REAL DEADLINE	
RECORD OR ANSWER STILL NEEDED	
DECISION I NEED HELP WITH	

calgaryfamilylaw.ca | 403-460-1230 | Free 15-minute phone or video consultation